



# Michigan Future of Family Medicine Student Conference & Residency Connection

Saturday, September 17, 2022

7:30 am-2:30 pm ET

Ann Arbor, MI | Weber's Boutique Hotel



#MiFFM



# Agenda

7:30 - 8 am | Atrium  
Registration & Breakfast

8 - 8:30 am | Grand Ballroom  
Welcome & Introductions

**Karlene Ketola, MSA, CAE**, Chief Executive Officer, Michigan Academy of Family Physicians; Executive Vice President, Family Medicine Foundation of Michigan (Okemos)

**Julie Blaszcak, MD, MEHP**, Assistant Professor, Department of Family Medicine, University of Michigan; Family Physician, Chelsea Health Center (Ann Arbor)

8:30 - 9 am | Grand Ballroom

## Panel Discussion: Careers in Family Medicine ... Breadth & Depth

Family medicine offers a multitude of options for where and how family physicians practice medicine, providing a variety of choices when it comes to lifestyle, geography, income, and career goals. During this panel discussion, a diverse group of family physicians will share their experiences that span the full spectrum of family medicine. Discover your career options to fit your goals and get your questions answered.

**Julie Blaszcak, MD, MEHP**, Assistant Professor, Department of Family Medicine, University of Michigan; Family Physician, Chelsea Health Center (Ann Arbor)

**Jenese Reynolds-Gibbs, MD, FAAFP**, Family Physician, Ascension Michigan; Program Director, Ascension St. John Hospital Family Medicine Residency (Saint Clair Shores)

**Todd Sheperd, MD, CAQSM**, Physician Co-owner, Bayside Family & Sports Medicine, PC; Site Director & Associate Program Director, McLaren Northern Michigan Family Medicine Residency Rural Training Program (Petoskey)

**Anthony Tam, MD**, Family Physician, Sports Medicine Physician (Albion); Graduate Medical Education Core Faculty, Henry Ford Health Allegiance (Jackson)

**Sarah Wilson, MD**, Direct Primary Care Family Physician, Premier Private Physicians; Assistant Professor, Oakland University William Beaumont School of Medicine (Troy)



## Residency Connection 12 - 2:30 pm | Grand Ballroom



### Ascension

Ascension Macomb-Oakland Hospital  
Family Medicine Residency

Ascension Providence  
Family Medicine Residency

Ascension St. John Hospital  
Family Medicine Residency

### Beaumont

Beaumont Health-Wayne  
Family Medicine Residency



### College of Medicine

Central Michigan University  
Family Medicine Residency



DETROIT MEDICAL CENTER

DMC-Sinai Grace  
Family Medicine Residency



Henry Ford Jackson  
Family Medicine Residency

Henry Ford Hospital  
Family Medicine Residency



GRADUATE MEDICAL  
EDUCATION  
McLaren Northern Michigan  
Family Medicine Residency  
Rural Training Program



### MyMichigan Health UNIVERSITY OF MICHIGAN HEALTH

MyMichigan Medical Center-Midland  
Family Medicine Residency

ProMedica Monroe Regional Hospital  
Family Medicine Residency

Spectrum Health Grand Rapids  
Family Medicine Residency



Trinity Health  
St. Mary Mercy Hospital  
Family Medicine Residency

Trinity Health Grand Rapids  
Family Medicine Residency\*

Trinity Health Livingston  
Family Medicine Residency



### MUNSON HEALTHCARE Family Practice Residency



University of Michigan  
Family Medicine Residency

University of Michigan  
Health-West Family  
Medicine Residency



Wayne State University  
Family Medicine  
Residency



### WESTERN MICHIGAN UNIVERSITY — Homer Stryker M.D. — SCHOOL OF MEDICINE

Western Michigan University Family  
Medicine Residency-Battle Creek

Western Michigan University Family  
Medicine Residency-Kalamazoo

9:05 - 9:45 am

### Clinical Workshops | Choose 1

Learn and practice clinical procedures you are likely to perform in outpatient primary care settings.

#### **Punch & Shave Biopsies** | Atrium

**Nikolaus Fulbright, MD**, Family Physician, Ascension Michigan; Teaching Physician, Ascension Providence Family Medicine Residency (South Lyon)

#### **Point of Care Ultrasound** | Grand Ballroom

**Juana Nicoll Capizzano, MD**, Assistant Professor, Director of Advanced Primary Care Itrasound Fellowship, Director of Clinical Ultrasound Program, Department of Family Medicine, University of Michigan (Ann Arbor)

#### **GYN Procedures** | Directors

**Kate Shaffer, MD**, faculty, Munson Family Medicine Residency (Traverse City); **Adrianna Thibault, MD**, PGY3, Munson Family Practice Residency (Traverse City)

#### **Casting** | Varsity

**Adam Shammami, DO**, Faculty, Beaumont Family Medicine Residency-Troy; Assistant Professor, Oakland University William Beaumont School of Medicine (Sterling Heights)

9:50 - 10:30 am | Grand Ballroom

### Panel Discussion: Evidence of Inequity in Patient Care & Medical Consequences

Disparities in healthcare are associated with worse health outcomes. Healthcare disparities occur in the context of broader inequality due to, among other things, bias, stereotyping, and prejudice on the part of health systems, healthcare professionals, patients, and managers. Come with your questions about signs of inequity to watch for, how inequity manifests in patients, and strategies for recognizing and preventing disparities.

**Frank Animiwam, MD**, Family Physician and Medical Director, The Little Traverse Bay Bands of Odawa Indians Health Center, Mina Mskiki Gumik "Good Medicine Lodge" (Petoskey)

**Katie Mirzaee, MD**, PGY3, MyMichigan Medical Center-Midland Family Medicine Residency (Midland)

**Fatin Sahhar, MD, FAAFP**, Core Faculty & Associate Program Director, DMC-Sinai Grace Family Medicine Residency (Detroit)

10:35 - 11:15 am

### Clinical Workshops | Choose 1 See above

11:20 am - 12 pm | Grand Ballroom

### Panel Discussion: Do's & Don'ts of Residency Interviewing & Match Prep

As a medical student at the beginning of your journey to becoming a physician, you undoubtedly have many questions about residency. During this panel discussion, gather pearls of wisdom for preparing for residency interviewing and the Match, and get an insider's view of what it's really like to be a family medicine resident. Get your questions answered as you prepare for this next step!

**Nikolaus Fulbright, MD**, Family Physician, Ascension Michigan; Teaching Physician, Ascension Providence Family Medicine Residency (South Lyon)

**Mohammad Ibrahim, DO, PGY2**, Trinity Health Livingston Family Medicine Residency (Howell)

**David Lick, MD, MBA, MPH, FAAFP**, Chair & Professor, Department of Family Medicine, Oakland University William Beaumont School of Medicine, Program Director, Beaumont Health-Troy Family Medicine Residency (Sterling Heights)

12 - 2:30 pm | Grand Ballroom

### Family Medicine Residency Connection & Networking (lunch available)

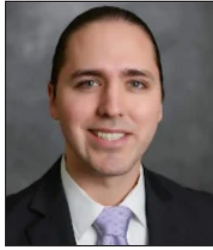
Network with directors, faculty, and staff from 20 of Michigan's family medicine residency programs (see list at left). As you talk with them, have them initial their box on your Booth Bingo card and then turn it in by 2:15 pm. **Be sure to stay to the end, as we will draw winners of a \$500 Delta Airlines gift card and other prizes; must be present to win.**

# Faculty

JOIN THE CONVERSATION



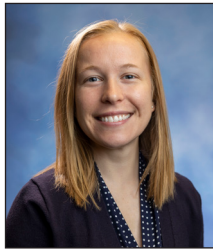
#FamilyMedicine  
#InspireCreateLead  
#FMRevolution  
#MiFFM  
#MiFamilyDocs



## **Frank Animikwam, MD**

*Family Physician and Medical Director, The Little Traverse Bay Bands of Odawa Indians Health Center, Mina Mskiki Gumik "Good Medicine Lodge" (Petoskey)*

Dr. Animikwam is a citizen of the Waganakising, Little Traverse Bay Bands of Odawa Indians. He is proud and honored to serve as a family physician at his Tribe's Health Clinic in Petoskey, where he also assumed the role of medical director at the start of 2022. He continues to work collaboratively with Native American Traditional Healers to provide integrated, cross-cultural medicine that is more in line with the holistic health beliefs of Indigenous people.



## **Julie Blaszcak, MD, MEHP**

*Associate Professor, Department of Family Medicine, University of Michigan Medical School (Ann Arbor)*

Dr. Blaszcak received her medical school education and residency training at the University of Michigan and completed an Academic Fellowship at the University of Michigan while obtaining a Master of Education in the Health Professions from Johns Hopkins University. She practices outpatient, inpatient, and prenatal care and has an interest in LGBTQ+ health, more specifically gender-affirming care in the primary care setting. She also serves on the University of Michigan Medical School Admissions Executive Committee and is a Doctoring faculty at the University of Michigan Medical School.



## **Juana Nicoll Capizzano, MD**

*Assistant Professor, Director of Advanced Primary Care Ultrasound Fellowship, Director of Clinical Ultrasound Program, Department of Family Medicine, University of Michigan (Ann Arbor)*

Dr. Capizzano, a board certified family medicine and geriatric medicine physician, completed an advanced Emergency Medicine Ultrasonography Fellowship program at Michigan Medicine in June 2021 and then developed the Point of Care Ultrasound (POCUS) curriculum for U-M family medicine residents. Her clinical interests include geriatrics, POCUS, management of chronic diseases, procedures, and Hospital at home.



## **Nikolaus C. Fulbright, MD**

*Teaching Physician, Ascension Providence Family Medicine Residency (South Lyon)*

Since completing family medicine residency in 2014, Dr. Fulbright has worked in academic medicine and completed additional training in procedural education and dermoscopy. His interests include sports medicine, in-office procedures, and obesity. Dr. Fulbright chairs Ascension Providence Family Medicine Residency program's recruitment efforts.



## **Mohammad Ibrahim, DO**

*PGY2 Resident Physician, Trinity Health Livingston Family Medicine Residency (Howell)*

Following graduation from Michigan State University College of Osteopathic Medicine (MSUCOM), Dr. Ibrahim spent a year in the Henry Ford Health System completing a Transitional Year residency program. He has a strong passion for community-focused patient-centered care and evidence-based medicine. He loves to teach and is currently clinical faculty at MSUCOM. His medical interests include obstetrics, dermatology, orthopedics, and critical care medicine.



**David Lick, MD, MBA, MPH, FAAFP**

*Chair & Professor, Department of Family Medicine, Oakland University William Beaumont School of Medicine, Program Director, Beaumont Health-Troy Family Medicine Residency (Sterling Heights)*

Dr. Lick has been a full-time faculty member at Beaumont Health-Troy Family Medicine Residency, his Alma Mater, since 2005 and has served as program director since 2009. He has academic appointments through Wayne State University School of Medicine, Michigan State University College of Osteopathic Medicine, and Oakland University William Beaumont School of Medicine. He also serves as the team physician for Troy Athens High School. Dr. Lick’s professional interests include hospital medicine, sports medicine, epidemiology, and procedures.



**Katie Mirzaee, MD**

*PGY4 Resident Physician, MyMichigan Medical Center-Midland Family Medicine Residency (Midland)*

Dr. Mirzaee is in her final year of residency and most passionate about improving the daily lives of her patients through exceptional medical care and guidance to prevent disease onset or progression through healthy lifestyle choices.



**Jenese Reynolds-Gibbs, MD, FAAFP**

*Program Director, Ascension St. John Hospital Family Medicine Residency (St. Clair Shores)*

Dr. Reynolds-Gibbs joined the Ascension St. John Hospital Family Medicine Residency as a faculty physician in 2012. She then served for four years as assistant program director followed by two years as associate program director, until she was named director in 2021. Dr. Reynolds-Gibbs is an assistant professor within the Department of Family Medicine at Michigan State University College of Human Medicine. She continues to practice full-spectrum family medicine, including obstetrics.



**Fatin Sahhar, MD**

*Faculty, Associate Program Director, Detroit Medical Center-Sinai Grace Family Medicine Residency (Detroit)*

Dr. Sahhar graduated from medical school in Baghdad, Iraq, earning a diploma in pediatrics. After moving to the United States, she completed family medicine residency at Wayne State University-Detroit Medical Center, where she was chief resident. She is passionate about teaching students and residents and particularly enjoys pediatric and adult medicine, as well as caring for underserved and minority individuals, including refugees. Her ongoing research projects include medical student interest in family medicine, refugee/immigrant health, and professional development.



**Katie Shaffer, MD**

*Faculty, Munson Family Medicine Residency (Traverse City)*

Her areas of interest include pediatrics, women’s health and prenatal care, procedures, community medicine, and population health.



### **Adam Shammami, DO**

*Faculty, Beaumont Family Medicine Residency-Troy; Assistant Professor; Oakland University William Beaumont School of Medicine (Sterling Heights)*

Following family medicine residency, Dr. Shammami developed an interest in addiction medicine and has practiced in both inpatient residential treatment centers and outpatient addiction centers. After joining Beaumont Health, he was instrumental in launching the first Substance Use Disorder Clinic within Beaumont Health, where he currently serves as the medical director. His professional interests include addiction medicine, pediatrics, hospital medicine, and urgent care.



### **Todd Sheperd, MD, CAQSM**

*Physician Co-owner, Bayside Family & Sports Medicine, PC; Site Director & Associate Program Director, McLaren Northern Michigan Family Medicine Residency Rural Training Program (Petoskey)*

Dr. Sheperd is a board-certified family physician with additional certification in primary care sports medicine. His interests include evidence-based rehabilitation medicine, ultrasound-guided musculoskeletal treatments, as well as tobacco abuse prevention and cessation. He volunteers with local sports teams and is an active member of the United States ski team physician pool. In addition to heading up the concussion prevention and treatment services at Bayside Family & sports Medicine in Petoskey, he is the site director and associate program director of Michigan's newest family medicine residency program, McLaren Northern Michigan, a rural training program.



### **Anthony Tam, MD, CAQSM**

*Albion Family Medicine/Sports Medicine (Albion); Core Faculty, Henry Ford Health Allegiance Family Medicine Residency (Jackson)*

Following family medicine residency, Dr. Tam completed a fellowship in Primary Care Sports Medicine at Henry Ford Health in Detroit. He has since taken a position as core faculty with Henry Ford Allegiance Family Medicine Residency, focusing on scholarly activity/research, sports medicine, and point of care ultrasound. Dr. Tam also practices at his own clinic in Albion and precepts family medicine residents in Jackson. He holds an academic appointment as clinical associate professor at Michigan State University College of Osteopathic Medicine.



### **Adrianna Thibault, MD**

*PGY3 Resident Physician, Munson Family Practice Residency (Traverse City)*

Dr. Thibault received her undergraduate degree from Albion College in biology and earned her medical degree from the University of Medicine and Health Sciences in St. Kitts. She is a new mother her spends her free time with family, practicing yoga, and enjoying water activities. Her areas of interest include xxx. Following residency, she aspires to xxx.



### **Sarah Wilson, MD**

*Family Physician, Premier Private Physicians (Troy)*

Dr. Wilson has been practicing family medicine for 11 years. For nine of those years, she was a faculty physician at Beaumont Hospital in Troy, a position she started right out of residency. In 2021, Dr. Wilson joined a four-physician direct primary care/concierge medicine practice in Troy, where she incorporates Lifestyle Medicine to help patients achieve their health and wellness goals. She also serves as an assistant professor at Oakland University/William Beaumont Medical School.

# Get Involved!

MAFP / AAFP  
membership is  
FREE for students!  
[mafp.com/membership](http://mafp.com/membership)

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MAFP offers many opportunities for medical students to explore the specialty of family medicine and gain valuable leadership experience. Here are 6 ways you can get involved!

**1 SUMMER EXTERNSHIP** Gain hands-on experience training with a family physician mentor during a **4-6 week clinical and/or research externship in the summer of 2020**. You get to design your externship, in collaboration with your medical school and externship mentor. Plus, earn a stipend funded by matching grants from Family Medicine Foundation of Michigan and AAFP Foundation. **Applications due Feb. 1.** [mafp.com/membership/medical-students/externships](http://mafp.com/membership/medical-students/externships)

**2 BOARD / COMMITTEE SERVICE** Serving on a Board and/or committee provides an inside connection and offers an important role in shaping the activities, direction, and strategic work of MAFP and its Foundation. Board **applications due March 1; committee applications due May 1. Service is Aug. - July.** [mafp.com/about-us/mafp-committees/committee-descriptions](http://mafp.com/about-us/mafp-committees/committee-descriptions)

**3 NATIONAL CONGRESS** Represent Michigan as a Delegate or Alternate Delegate to AAFP's National Congress of Student Members, which convenes during the National Conference of Family Medicine Residents & Medical Students, **held at the end of July in Kansas City, MO**. Help shape AAFP policy and elect your national student leaders. Plus, delegates receive a Family Medicine Foundation of Michigan scholarship that covers conference-related expenses. **Applications due Feb. 1.** [mafp.com/membership/medical-students/student-scholarships-and-awards](http://mafp.com/membership/medical-students/student-scholarships-and-awards)

**4 MAFP MEMBER MIXERS** This fall, MAFP is hosting informal social gatherings in medical school cities, for expanding one's network. Meet colleagues and mentors as you enjoy food and drink. There is no cost to attend but advance registration is required. **Oct. 3 - Ann Arbor. Oct. 6 - Kalamazoo. Oct. 15 - MSU Tailgate, East Lansing. Oct. 18 - Mt. Pleasant. Oct. 26 - Detroit. Nov. 2 - Rochester.** [mafp.com/events](http://mafp.com/events)

**5 ADVOCACY DAY** Advocating for patients and the specialty of family medicine is critical to preserving the patient-physician relationship, protecting the practice environment, and increasing access to primary care. The annual Michigan Family Medicine Advocacy Day—**being held next year on March 22**—in **downtown Lansing** provides you with advocacy education and the opportunity to put that knowledge into practice as you discuss important issues with your state legislators and their staff during in-office meetings. **Registration will open in November; there is no cost to attend.** [mafp.com/events](http://mafp.com/events)

**6 MICHIGAN FAMILY MEDICINE CONFERENCE & EXPO** Held each summer, this annual family medicine gathering in Michigan provides an opportunity to learn information about clinical and practice management topics, as well as network with family medicine colleagues. The 2023 conference is being held **August 12-15 at Grand Traverse Resort near Traverse City**. You may choose to attend one or multiple days. **Applications for the student and resident scholarship program—100% funded by donations—will open in March.** [mafp.com/events](http://mafp.com/events)

## Benefits of AAFP Membership

Family Medicine Leads Emerging Leader Institute | Member Interest Groups | Board review preparation resources (free for AAFP members) | The Match and residency interview preparation resources | Networking | Scholarships and awards ... and more!  
[aafp.org/medical-school-residency/student-resources.html](http://aafp.org/medical-school-residency/student-resources.html)



National Congress Reference Committee Hearing

# Explore FM Residency

## IN MICHIGAN



### AAFP's mobile app helps you prepare for residency

- Generate a **residency interview question list** by selecting from 13 different categories
  - **Research residencies**—including **39 programs in Michigan**
  - Customize a **scorecard to rank programs** on what matters most to you
  - **Track applications**
- More!

#### UPPER PENINSULA - 1

UP Health System-Marquette (*Marquette*)

#### NORTHERN MICHIGAN - 2

Munson Healthcare (*Traverse City*)

McLaren Northern Michigan  
(*Petoskey*)

#### SOUTHEAST MICHIGAN - 22

Ascension Genesys Hospital (*Grand Blanc*)

Ascension Macomb-Oakland Hospital (*Warren*)

Ascension Providence (*Southfield*)

Ascension St. John Hospital (*St. Clair Shores*)

Beaumont Health-Farmington (*Farmington*)

Beaumont Health-Grosse Pointe (*Grosse Pointe*)

Beaumont Health-Troy (*Sterling Heights*)

Beaumont Health-Wayne (*Wayne*)

Detroit Medical Center-Sinai Grace (*Detroit*)

Detroit Wayne County Health Authority Teaching Health Center (*Detroit*)

Henry Ford Hospital (*Detroit*)

Henry Ford Macomb Hospital (*Clinton Township*)

McLaren Health Care / Bay (*Bay City*)

McLaren Health Care / Flint (*Flint*)

McLaren Health Care / Macomb (*Mt. Clemens*)

McLaren Health Care / Oakland (*Pontiac*)

Pontiac General Hospital / Oakland Physicians Medical Center  
(*Pontiac*)

ProMedica Monroe Regional Hospital (*Monroe*)

St. Mary Mercy Hospital (*Livonia*)

Trinity Health Livingston (*Howell*)

University of Michigan (*Ann Arbor*)

Wayne State University / Ascension Providence Rochester  
Hospital (*Rochester*)

### 39 FAMILY MEDICINE RESIDENCY PROGRAMS in MICHIGAN



#### SOUTHWEST MICHIGAN - 5

Henry Ford Jackson (*Jackson*)

Trinity Health Muskegon (*Muskegon*)

Spectrum Health Lakeland (*St. Joseph*)

Western Michigan University (*Battle Creek*)

Western Michigan University (*Kalamazoo*)

#### MID MICHIGAN - 8

Central Michigan University (*Saginaw*)

McLaren Health Care / Greater Lansing  
(*Lansing*)

Trinity Health Grand Rapids (*Grand Rapids*)\*

University of Michigan Health West (*Wyoming*)

MyMichigan Medical Center-Gratiot (*Alma*)

MyMichigan Medical Center-Midland (*Midland*)

Sparrow Hospital (*Lansing*)

Spectrum Health (*Grand Rapids*)